



St John The Baptist C of E Primary School

PSHE Policy

Written March 2022

Review March 2024

Personal, Social and Health Education Policy

Our Vision

At St John the Baptist C of E Primary School we are working together to be a caring school community based on Christian values that strive for excellence in educating the whole child, physically, emotionally, spiritually and academically.

Rationale

Personal, social and health education helps to give pupils the knowledge, skills and understanding they need to live confident, healthy, independent lives and to become informed, active, responsible citizens. At St John The Baptist C of E Primary we believe that it is our responsibility to promote the personal and social development of children. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They are learning to reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

The Framework for PSHE (National Curriculum)

The knowledge, skills and understanding in the Framework are to be taught in 4 interrelated sections:

1. Developing confidence and responsibility and making the most of pupils' abilities.
2. Preparing to play an active role as citizens.
3. Developing a healthier and safer lifestyle.
4. Developing good relationships and respecting the differences between people.

Aims and Objectives

- To promote healthy attitudes towards life physically, emotionally and spiritually.
- To provide knowledge to help children understand their own and others' rights in the wider world.
- To provide children with opportunities to develop an awareness of being a good citizen as part of a larger community.
- To involve staff, children, parents and governors in promoting this policy.
- To provide opportunities for children to develop confidence and responsibilities enabling them to make the most of their abilities.
- To help children develop healthy and safe lifestyles and understand how to help keep others safe and make decisions when faced with choices.
- To aid the development of good relationships and teach children to respect the differences between people.
- To ensure staff training is up to date.

Teaching and Learning

Personal and Social Education is taking place all the time at St John's school. It is reflected in the ethos of the school, the nature of relationships with, and between staff, the displays in school and the outside environment of the school. The staff also teach PSHE in class, groups and support groups when necessary. It is taught in the following ways:

- In the classroom as a discrete subject
- In the classroom as part of the broader curriculum
- In assemblies
- On school visits and residentials
- Inviting selected visitors to school to give broader perspectives and information
- Through curriculum enrichment. For example, raising money for charity and taking part in anti-bullying and equality week.
- Through our REACH values promoting resilience, enthusiasm, ambition, creativity and hands on learning.
- Through our core values of friendship, trust and respect.

At St John's, PSHE is planned into the topics. Further PSHE support is delivered if and when a particular issue might arise. Mrs Elmes is our Emotional Literacy Support Assistant who provides nurture and support for individual children. Pupils are taught what homophobic, biphobic, transphobic (HBT) bullying is and that it is wrong. Restorative Practice ensures children learn the impact of their actions on others (please see separate behaviour policy).

In our Early Years Reception Class, the early years team follow the foundation stage curriculum to ensure children learn about diverse family types, keeping safe and secure, develop an understanding of what is right and wrong, as well as considering the consequences of their own actions. They also begin to recognise the importance of keeping healthy and the things that can contribute to this.

In KS1 and KS2 PSHE is taught across the curriculum through a variety of subjects.

- Literacy – skills in enquiry and communication, the use of stories illustrating aspects of PSHE.
- Numeracy – aspects of financial capability, counting and sharing.
- Science – drugs (including medicines), sex, health, safety and the environment.
- Religious Education – religious and moral beliefs, values and practices that underpin and influence personal and social issues and relationships.
- Physical Education – teaching and learning about health and safety, development of personal and social skills through team and individual activities, promotion of healthy lifestyles and the importance of exercise.
- Geography – topical issues concerning the environment, study of own locality and the wider world, including less economically developed countries.
- History – looking at reasons behind historical events, changes and diversity within society, significant people, events, ideas and experiences of people from the past.
- ICT – communicating with others. Internet and social media safety.
- Art and Design – reflecting on and responding to ideas and experiences communicated through works of art, craft and design from different times and cultures.
- Music – making the most of abilities in playing and singing, cultural diversity, expression.

Pupils will have access to a range of resources including:

- visitors to school
- published materials
- visual and audio materials
- computers
- artefacts

The school makes use of a variety of agencies and individuals as supporters, not replacements, of teachers to deliver the PSHE curriculum:

- School Nurse
- Community Police Officer
- Road Safety Officers
- Fire Officers
- Elsa/nurture
- SENCO
- NSPCC

Equality of Opportunity for PSHE

Children at St John the Baptist C of E School Primary are taught Respect, Trust and Friendship as part of our core values. We welcome children from all cultural backgrounds. Children learn about the Equality Act 2010 and understanding that children or adults are respected and accepted no matter what their age, ethnicity, religion, gender identity or disability.