

The Jottings - 20th March 2026

St John the Baptist C of E Primary School



'Creating new possibilities for our future, with compassion in our hearts and courage on our journey.'

Dear St John Families,

It is certainly beginning to feel more like spring, and the children have been working incredibly hard on their learning this week. Teachers have also been busy reviewing this learning in preparation for next week's Parents' Evenings. If you have not yet booked an appointment, please contact the school office.

During your meeting, your child's attendance and attainment will be shared and discussed with you. This ensures you have a clear understanding of where your child is now and what their next steps will be. For this reason, we encourage children not to attend the appointment itself, so these conversations can take place without distraction. However, children are welcome to remain in the Mall for all or part of the meeting if you prefer.

Please also remember that our Book Fair arrives on Tuesday. Children will be able to browse during your visit and after school from Tuesday onwards. It's always a lovely opportunity to choose something new to read in time for Easter.

Next week is shaping up to be a busy one, with Parents' Evenings, the Year 3 and 4 show, our author visit on Thursday, and Snuggle Buddy Book Time for our reading finishers in KS1 and Year R. We also have our non-uniform charity day on Friday. Communication is important to us, so please check the calendar, our website, and our social media to stay up to date, or contact the office if you have any questions or queries.

Thank you for your continued support.

Have a lovely weekend.

Rebecca Livings

Headteacher

Spotlight on Year

Year R have been making the most of the glorious weather spending most of their time outside. We have been exploring our shadows, attending to our seeds and observing changes in our spring flowers. The children have enjoyed perfecting their bike riding with several more children mastering a pedal bike this week! We have around two thirds of the class now confident riding a bike.

Following the children's interests they have been keen on setting up their own hotels with the loose parts outside, making signs, checking in their guests and even a group of cats and drawing up menus for them.

Our Literacy and drawing club sessions have been based on the Oi Frog series which they have found hilarious, inspiring them to make up their own rhymes and make their own books. The children have developed a really good understanding of what they need to include in their sentences and are very motivated to go back and 'chimp' (**Ch**- check **-imp** prove = chimp) their writing to receive a chimp stamp.

In Maths this week we have been finding one more and one less than numbers up to ten, by singing different counting songs and using a range of mathematical resources.

See our Reel on Instagram @ stjohnthebaptistprimary for even more fun from this week!



Spring Term Parents Meetings

Spring Term Parents' Evenings

Thank you to all the parents who have already booked an appointment for our upcoming Parent's Evening.

If you haven't secured a slot yet, please log in to Arbor and book your appointment as soon as possible.

Meeting with your child's teachers is incredibly important. These conversations provide:

- **A clear understanding of your child's progress** Teachers can share up-to-date information on how your child is doing academically, socially, and emotionally.
- **An opportunity to celebrate achievements** Parent's Evening allows us to recognise your child's hard work and highlight the areas where they are thriving.
- **Stronger home-school partnerships** When parents and teachers work together, children feel more supported and are more likely to succeed.
- **A chance to ask questions** You can gain clarity on curriculum expectations, homework, or anything else relating to your child's learning. We look forward to seeing you there and working together to ensure the best for your child.

As the meeting will focus on your child's progress, attainment and next steps, we encourage parents to attend without their child where possible. If this isn't practical, your child is welcome to wait in the mall for part of the meeting.

For those that missed them at our last community Hub:

[Barnardos - Hampshire Healthy Steps](#) has been commissioned by Public Health to deliver a free offer for families with children aged 2 to 12 in Hampshire who would benefit from practical help to improve their families health and wellbeing.

The session is delivered across six fun interactive group sessions covering; healthy eating, sleep, oral health and physical activity.

Why is it important?

- Unfortunately, we know that poor nutrition in early childhood has lifelong consequences – children are more likely to face malnutrition, obesity, tooth decay and poorer physical and mental health as they grow.
- 20.7% of reception-aged children and 32.2% of Year 6 children in Hampshire are overweight or obese - prevalence in Year 6 ranges from 25.9% in Winchester to 39.5% in Gosport.
- Three in ten children aged 5 to 19 years in Hampshire are 'less active', participating in under 30 minutes of exercise a day.
- Around 14% of 5-year-olds in Hampshire have one or more decayed, missing, or filled teeth, ranging from 9.3% in Hart to 18% in the New Forest.
- By working directly with families to understand barriers and set realistic goals, we can support healthier development and reduce the risks linked to poor nutrition, sleep and oral health.

Charity Day

Charity Day - At St John's we encourage our children to show kindness and compassion by helping those who are less fortunate than ourselves. On **Friday 27th March** we are holding our Annual Charity Day to raise funds for Classroom in the Clouds a charity based in Nepal supporting children access school and a better education.

The children have voted for a non school Uniform day on **Friday 27th March** for a **donation of £1**.

We will also be holding a bake sale in the playground after school on Friday 27th March. So bring some change to pick up!

If you are able to bake or donate a cake, cookies etc... please drop them off at the school office on Friday morning. **NO NUTS PLEASE!!**

Thank you in advance for your support.

Attendance Matters



Together, we can make sure every child makes the most of their opportunities and enjoys success.

This Week:

Whole school attendance average: **95.5%** Our target is **97%** - please come and chat with us regarding any attendance issues.

Best Attendance: KS1: Ducks and Tadpoles 96.3% KS2: Dragonfly and Otters 98.6%

Best Timekeepers: KS1: Frogs 0 late minutes KS2: Kingfishers 8 late minutes

Sporting Event

A team of Year 5 children made the most of the sunshine on Tuesday afternoon as they took part in the Wickham Dodgeball Festival. The children showed courage and enthusiasm, with their confident throwing, sharp catching and agile dodging skills. Their teamwork, tactics and positive attitude were clear throughout the event.

Well done team.



St John the Baptist Primary C of E Primary School



*'Creating new possibilities for our
future, with compassion in our
hearts and courage on
our journey.'*

Welcome to our Community

Hub

Friday 27th March

9am - 10am

We welcome all families to come along to our Community Hub.

Everyone is invited to join our Under 5s Stay and Play, access free advice, or simply enjoy a warm space, a chat over tea and cake with a member of school staff and the Church.

Stay and Play:

We've created a welcoming space where little ones can enjoy playtime, have a snack, and listen to a story.

Advice from our SENCO

If you have been unable to attend our SEND coffee mornings, please do come along and chat to Mrs Reilly for advice and signposting.

Meon Valley Food Bank:

Join us to discover simple, practical ways to boost wellbeing, improve nutrition, stay active, and build positive routines at home.

Save the date:

Where: This session will be held in school

When: Friday 27th March - 9am - 10am

Courage, Compassion, Creativity.

W: www.stjohnthebaptistprimary.co.uk | E: office@stjohnthebaptistprimary.co.uk | T: 01329 800670



PAFS News

RAFFLE TICKETS – Hopefully everyone has received their raffle tickets now after being sent home in school bags – if you would like anymore please go to the school office who have some spare and more will be on sale at the Bingo Event. The draw will take place at the Bingo evening.

Prizes include:

4 x Tickets to Victorious Festival (Family Ticket)

30 Day pass to 365 Gym

Back neck and shoulder massages at Amelias Therapies Plus many more!

BOUNCE BONANZA TAKE 2! – 03/07

Back by popular demand – Bounce Bonanza!!

After great feedback and fun PAFS are putting on another Bounce Bonanza for all to enjoy!

Lots of inflatables and games available on the day.

£10 a ticket for anyone using the inflatables, spectators are free, all children need to be accompanied by a parent/responsible adult.

<https://www.pta-events.co.uk/pafs/index.cfm>

Green Cross Code

Green Cross Code Poster Competition – Now Closed!

We are delighted to share that our Green Cross Code Poster Competition is now closed. Pupils have created some wonderfully bright and eye-catching A4 posters promoting safe road crossing and the key messages of the Green Cross Code.

Children explored important safety reminders such as:

- **Stop, Look, Listen, Think**
- **Finding a safe place to cross**
- **Staying focused and avoiding distractions near roads**

The winning design will be entered into the Hampshire Road Safety competition, where it may be featured on wall planners, parent letters, certificates, social media and presentations shared with schools across Hampshire.

Thank you to everyone who took part – the creativity and effort have been fantastic to see.

Dates for your diary

This term important dates:

23rd March - Parents Evening 3.30pm - 7.30pm

24th March - Yr 3 & 4 Easter Production Performances to families "I am Special" 9.20am

25th March - Yr 3 & 4 Easter Production Performances to families "I am Special" 2.15pm doors open at 2pm

24th - 27th March - Travelling Book Fair Open at School - World Book Day

26th March - Author visit - Karen Inglis - Book signing

26th March - Snuggle Buddy Book Time for our reading finishers in KS1 and Year R

26th March - Parents Evening 3.30pm - 6.30pm **(Running Club & Board Game Club Cancelled)**

27th March - Community Hub (Meon Valley Food Bank and School Sendco)

27th March - Non Uniform Day for a £1 donation to support Class Room in the Clouds & Bake sale after school

27th March - end of the financial year, please ensure that all accounts are fully paid up ie Little Johns, meals & trips

6th May - SEND Parent coffee afternoon 2pm - 3pm - Focus on Autism

7th May - Stay & Play 9am - 10am

4th June - Stay & Play 9am - 10am

10th June - SEND Parent coffee afternoon 2pm - 3pm - Focus on ADHD

Statutory Tests:

Year 1 Phonics Tests week commencing Monday 8th June 2026

Year 4 Multiplication Times Table Check 2-week period from Monday 1st June 2026

Year 6 SATS Monday 11th May to Thursday 14th May 2026



Inset Days:

1st May 2026

19th June 2026

Items you may be interested in

Spring/Summer Menu starting after Easter break

SPRING/SUMMER 2026 MENU		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges 🌱	Beef Bolognese with Wholewheat Pasta 🌱🍷	Roast Chicken with Roast Potatoes and Gravy 🍷	Pork Sausage Bites with Mashed Potatoes and Gravy	Battered Pollock with Chips
	OPTION 2	Arrabiata Pasta Bake 🌱🍷🍷	Vegetarian Bolognese with Wholewheat Pasta 🌱🍷🍷	Bean and Cheese Pastry Turnover with Roast Potatoes and Gravy 🌱	Macaroni Cheese 🌱🍷	Quorn Dippers with Chips 🌱
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT		Carrot, Orange and Sultana Slice 🌱🍷	Oat Cookie 🌱	Strawberry Shortcake Mousse	Apple Crumble with Custard 🌱	Chocolate Ice Cream

W/C: 13/04/2026, 04/05/2026, 15/06/2026, 04/07/2026, 07/09/2026, 28/09/2026, 19/10/2026

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Chartwells
Schools

🌱 Vegetarian 🌱 Vegan 🍷 Oily Fish 🍷 Fruity! 🍷 Wholegrain 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu 02/2026

SPRING/SUMMER 2026 MENU

WEEK 2

W/C: 20/04/2026, 11/05/2026, 01/06/2026, 22/06/2026, 13/07/2026, 14/09/2026, 05/10/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges 🍷	Beef Burger with Potato Wedges	Roast Gammon with Roast Potatoes and Gravy	Chicken and Vegetable Korma with Wholegrain Rice 🍷	Fish Fingers with Chips
		OR	OR	OR	OR	OR
	OPTION 2	Vegetarian Cottage Pie with Gravy 🍷	Beany Vegetable Burger with Potato Wedges 🍷	Roast Quorn with Roast Potatoes and Gravy	Macaroni Cheese 🍷	Spanish Omelette with Chips 🍷
	OR	OR	OR	OR	OR	
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings
	DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT		Apple and Golden Syrup Sponge with Custard 🍷	Sticky Oat Slice	Caramel Mousse	Chocolate Brownie 🍷	Strawberry Ice Cream



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

🍷 Vegetarian 🌱 Vegan 🐟 Oily Fish 🍌 Fruity! 🍷 Wholegrain 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



MANUAL 05/2019/21

SPRING/SUMMER 2026 MENU

WEEK 3

W/C: 27/04/2026, 18/05/2026, 08/06/2026, 29/06/2026, 20/07/2026, 31/08/2026, 21/09/2026, 12/10/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges 🍷	Beef Meatballs in Tomato Sauce with Wholewheat Pasta 🍷	Roast Chicken with Roast Potatoes and Gravy 🍷	Lasagne with Garlic Bread 🍷	Battered Pollock with Chips
		OR	OR	OR	OR	OR
	OPTION 2	Veggie Meat Feast Pizza with Potato Wedges 🍷	Cheesy Bean Burrito with Wholegrain Rice 🍷	Vegetarian Cottage Pie with Gravy 🍷	Vegetable Lasagne with Garlic Bread 🍷	Veggie Fingers with Chips 🍷
	OR	OR	OR	OR	OR	
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings	Jacket Potato with Choice of Toppings
	DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT		Custard Shortbread with Melon Wedges 🍷	Orange Glazed Sticky Sponge Cake with Custard 🍷	Chocolate Mousse	Vanilla Ice Cream	Berry Blondie



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

🍷 Vegetarian 🌱 Vegan 🐟 Oily Fish 🍌 Fruity! 🍷 Wholegrain 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



MANUAL 05/2019/21



March 2026 Timetable

All sessions delivered live online via zoom. 90 minutes long
£24 each or FREE with School Membership
Book online at facefamilyadvice.co.uk
Recordings available for 48 hours (excluding Free Talk)

Improving Family Communication	2 Mar 10am
Autism - Improving Communication	2 Mar 7pm
Understanding Addictive Behaviour	3 Mar 10am
Supporting a Child with ADHD	3 Mar 7pm
Anxiety Based School Avoidance	9 Mar 10am
Understanding Anger	9 Mar 7pm
Supporting Healthy Screen Use	10 Mar 10am
Facing Defiance	10 Mar 7pm
Cannabis and Ketamine Awareness	16 Mar 10am
Anxiety Explained	16 Mar 7pm
Introduction to OCD	17 Mar 10am
What is ACT	17 Mar 7pm
Raising Self-Esteem	23 Mar 10am
Decreasing Depression	23 Mar 7pm
Supporting Healthy Sleep	24 Mar 10am
Understanding the Teenage Brain	24 Mar 7pm
FREE Anxiety Based School Avoidance	26 Mar 7-8pm



April 2026 Timetable

All regular sessions delivered live online via zoom. 90 minutes long
£24 each or FREE with School Membership
Book online at facefamilyadvice.co.uk
Recordings available for 48 hours

Understanding Anger	6 April 10am
School Anxiety	6 April 7pm
Facing Defiance	7 April 10am
Supporting Healthy Screen Use	7 April 7pm
Anxiety Explained	13 April 10am
Cannabis and Ketamine Awareness	13 April 7pm
Introduction to OCD	14 April 10am
What is ACT?	14 April 7pm
Decreasing Depression	20 April 10am
Raising Self-Esteem	20 April 7pm
Understanding the Teenage Brain	21 April 10am
Supporting Healthy Sleep	21 April 7pm
FREE Decreasing Depression	23 April 7-8pm
Improving Family Communication	27 April 10am
Autism: Improving Communication	27 April 7pm
Supporting a Child with ADHD	28 April 10am
Understanding Addictive Behaviour	28 April 7pm



Free Easter holiday activities now open for bookings

Fisher, Mike
Programme Manager

Hampshire County Council's Holiday Activities and Food (HAF) programme is back for Easter and **open for bookings!**

Funded by the Department for Education, the HAF programme enables local authorities to offer **healthy food and enriching activities for free** to children who receive benefit-related FSM during term time. Local authorities also have discretion to use a percentage of their funding to provide free or subsidised HAF places for children who are not in receipt of benefits-related FSM but who the local authority believe could benefit from HAF provision.

More than 160 HAF schemes will be running across Hampshire this Easter - these will be hosted by a variety of venues, including schools, childcare settings, community organisations, and sports providers - each offering a **variety of engaging activities**.

We kindly ask for your support in **sharing the information above and the attached district-specific flyers** with families of children in your school communities who receive benefit-related FSM, and other vulnerable families who may benefit from attending HAF schemes.

Parents and carers can **search for local schemes and book directly** with providers via the Family Information and Services Hub:

[Holiday Activities and Food Programme \(HAF\) | Hampshire CTSH](#)

The HAF team can be contacted with any queries by emailing connect4communities@hants.gov.uk, with the subject line **FAO HAF**.

Thank you for helping us ensure as many children as possible can take part in the HAF programme this Easter.

Easter 2026 HAF Flyers by District

- [Easter 2026 HAF District Flyer - Basingstoke](#)
- [Easter 2026 HAF District Flyer - East-Hants](#)
- [Easter 2026 HAF District Flyer - Eastleigh](#)
- [Easter 2026 HAF District Flyer - Fareham](#)
- [Easter 2026 HAF District Flyer - Gosport](#)
- [Easter 2026 HAF District Flyer - Hart](#)
- [Easter 2026 HAF District Flyer - Havant](#)
- [Easter 2026 HAF District Flyer - New Forest](#)
- [Easter 2026 HAF District Flyer - Rushmoor](#)
- [Easter 2026 HAF District Flyer - Test Valley](#)
- [Easter 2026 HAF District Flyer - Winchester](#)

ROCK STEADY

ROCK AND POP BAND LESSONS!

TAKES PLACE AT SCHOOL

IGNITE THEIR INNER SPARK!

- Children learn to play an instrument in their very own band.
- Fun and inclusive in-school band lessons. No music theory involved.
- Follow their musical journey in your Backstage account.
- Exam-free. Ofqual-regulated Trinity music qualification.
- Instruments provided and no experience necessary.

BOOK YOUR CHILD'S PLACE ONLINE!

0330 113 0330 (Mon-Thurs 9am-5pm, Fri 9am-6pm, local rate) rocksteadymusicschool.com

ROCK STEADY

LEARN TO PLAY MUSIC IN A BAND THAT'S FOR EVERYONE.

Choose from: Drums, guitar, bass, keyboard or vocals.

Inclusive and hassle-free!

Takes place in school, instruments provided and no experience necessary!

Taught by professional musicians

Rocksteady band leaders are highly trained musicians who make learning music fun.

Progress at their own pace

Your child can achieve an exam-free, Ofqual-regulated Trinity music qualification!

£54.98 per month (no payment in August). **Money back guarantee** for the first month. **Cancel at any time.**

Have fun and learn by playing

Children work their way through a curriculum of up to 300 musical skills.

Much more than music

Improves wellbeing, confidence, social skills and academic achievement.

End every term on a high note

Watch your child shine as they perform in their end of term concerts.

92% of children report greater confidence and self-belief from being in Rocksteady.

insights from 1,730 children

99% of parents say their child loves or enjoys their Rocksteady band lessons.

insights from 3,737 parents

"It makes me feel like I'm part of something, and happy."

Rocksteady pupil

BOOK YOUR CHILD'S PLACE ONLINE!

0330 113 0330 (Mon-Thurs 9am-5pm, Fri 9am-6pm, local rate) info@rocksteadymusicschool.com

TRINITY Music Education Centre

Active Holiday Camps

Spring Into Action

Easter Activity Camps

Swanmore College
Monday 30th March - Friday 10th April 2026
9am - 4pm (extended hours available)

£26.25 per day*

Multi-Sports Camp
High-energy games that build skills, confidence & teamwork

Football Camp
Skills, drills and match play for football fans of all abilities

Performing Arts Camp
Creative movement, dance and performance fun

Early booking offer
15% off with code **APRAS15**
Ends Sunday 15 March

Scan now to book!

• For ages 4*-12 years

***Children must be aged 4 and in Year R!**

For more information to book, visit www.activeme360.com

@activeme360

Ofsted Registered Quality Standard Approved

Active Holidays

Holiday Activities and Food Programme

Spring Into Action

Easter Activity Camps

Swanmore College
Monday 30th March - Thursday 2nd April 2026
9am - 4pm - extended hours available (cost applies)

HAF Camp

Our fun, active holiday camp with games, sports and creative activities, with nutritious food included. For children eligible for free school meals.

Free

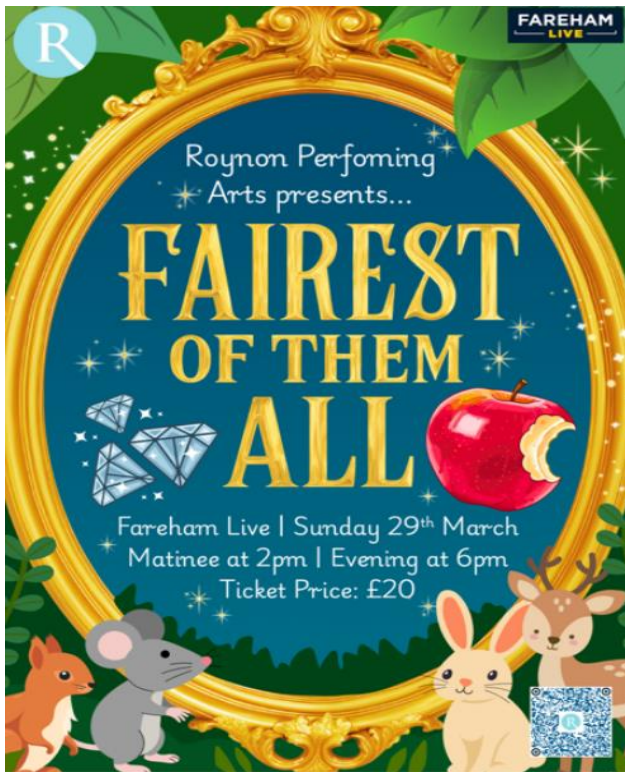
Scan now to book!

For ages 4*-12 years (Children aged 4 must also be in Year R)

For more information to book, visit www.activeme360.com

@activeme360

Ofsted Registered Quality Standard Approved



FREE online talk by
Jane Keyworth
FACE family Advice Lead Facilitator

Decreasing Depression

23rd April 7-8pm



Book online

www.facefamilyadvice.co.uk

Parents - Live Talks page

LEGO LUNCH

31st March

St John the Baptist, Shedfield
11am – 1pm

Aimed at 4 – 11 year olds

Children need to be
accompanied by a responsible
adult

For more information please
contact

Chris on 07906 436391



Messy Good Friday

St John the Baptist Church, Shedfield &
St Nicholas Church, Wickham

at

Waltham Chase Village Hall
Winchester Road
Waltham Chase
SO32 2LX

(parking available in front of the hall)

Friday 3rd April
10-11:30am

Crafts & activities around the story of Easter
with refreshments & hot cross buns

For children aged 4-12 with a parent, carer or
family member



Come and enjoy -

YOLO

?

FRE Easter
- Activity Day

For

Primary School
Children

Stories
Drama
Games
Craft
Cooking
Pizza Lunch

**Tuesday 31st
March**

9.30 a.m. – 3 p.m.

Book on

<https://forms.gle/gkkEysiDUTu198Jh9>

Have a good weekend.

Courage - Compassion – Creativity